





Supporting our  
Students,  
Families and  
Educators  
through Social and Emotional Learning

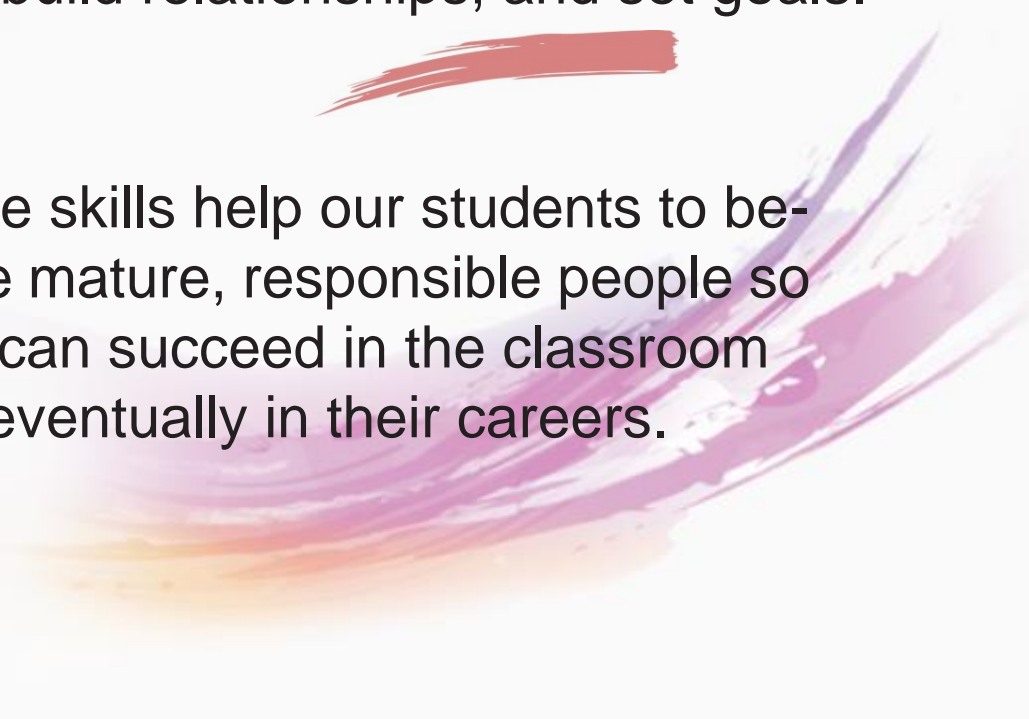
The Connecticut Social and Emotional Learning and School Climate Collaborative presents the following facts in support of social and emotional learning.



Social and emotional learning (SEL) teaches kids how to manage feelings, build relationships, and set goals.



These skills help our students to become mature, responsible people so they can succeed in the classroom and eventually in their careers.

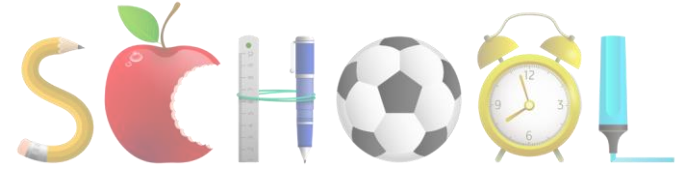


# The Facts about Social and Emotional Learning



All parents and guardians want their children to make responsible decisions, cooperate with others, and have a successful life.

Schools can play an important role in helping families and children achieve these goals.



Children at times find it difficult to effectively manage their emotions and focus on their studies.



Developmentally appropriate social and emotional skills building allows students to cope with stress so they can access learning and develop into successful adults.

Learning is a social activity, which means children have to be ready to learn by regulating their emotions and working constructively with others.



Social and emotional learning (SEL) helps build positive school climate by developing emotional intelligence through self-awareness, self-management, goal setting, social awareness, relationship building, collaboration skills, and responsible decision making.

Parents and guardians have a vital role in student success, and SEL can be an important tool in their toolbox. Ask your school board to follow the science of learning and include social and emotional skills building in their school curriculum.

